

Remote or Long Distance Healing

Long Distance Healing (also referred to as “Remote” healing) is the energetic process done through quantum physics principles. In scientific circles this is known as non-local healing. It is a proven scientific fact that this method of healing is extremely effective. Harvard University holds seminars in non-local healing. It is a medically proven fact that prayer heals. How does prayer reach the right person? By intent. How does remote healing find the right person? Through intent. Distance healing has become an integral option offered and utilized within the practice of alternative and holistic medicine.

Remote healing is any form of healing energy “sent” across time and space that is received and has a healing effect on the recipient. With this type of work, you do not have to be physically present with the healer to receive the healing. It is done at a specific time set aside and agreed upon between you and the practitioner. This type of healing is equally effective as an in-person healing because in alternative energy healing and holistic medicine therapies, we are working with the physical, emotional, mental, and spiritual aspects of an individual by accessing the individual’s energy body. The energy body can be accessed easily from anywhere and at any time and does not require you to be physically present with the practitioner.

Scientific Foundation

There are many ways one might understand how distance healing works. Much of our everyday experience involves the transfer of energy over long distances — satellite dishes are just one example. There are energies all about us traveling great distances in short amounts of time such as radio waves. Some have described the “life energy” used by healing facilitators as subtle energy that is “faster than light energy” (Richard Gerber, MD, Vibrational Medicine). Many have had the experience of a kind of telepathic connection with someone else in which one senses what is happening with the other person or when one person is thinking about a person and then suddenly receives a phone call from that same person. An energy healer doing distance healing can sense the presence of the client and affect the client’s energy field through this same kind of “sensing”.

Why does distant energy healing work?

Distant energy healing, also known as remote healing has been practiced by healers in the Far East for centuries. In recent modern times many modalities of distant healing are being recognized and practiced in the West. More and more people are turning to alternative healing therapies such as remote energy healing to enhance their health and well being. Remote healing and energy healing therapy is being clinically studied in the West by places such as the California Pacific Medical Center in Northern California. China has done many scientific studies on the effectiveness of distance healing facilitated by healers. One strict double blind study on almost 400 patients by cardiologist Robert Bryd determined that people who were prayed for had better outcomes than those who were not. The field of Quantum Physics may provide some answers to why remote healing works. In the early 1980s a team of scientists at the University of Paris led by Alain Aspect made an incredible discovery that may be one of the most important discoveries in modern science. They found that under certain circumstances some subatomic particles were able to communicate instantaneously with each other no matter how far apart they were from each other. It didn’t matter if they were millions of miles apart. In other research in 1997 Nicolas Gisin duplicated these findings and concluded that some particles appeared to be communicating at the mind boggling speed of 20,000 times the speed of light. These conclusions may give clues as to why distance healing works. Some scientists are now recognizing what mystics from many traditions have said for a millennium, that we are all connected through what some refer to as the GOD particle and that we are not separate. Remote healing energy can get transferred over long distances because we are all connected. It doesn’t make any difference if the one transmitting the energy is in a different state or country than the recipient. Energy is ever-flowing and has not restricted by time or space, therefore, any individual can benefit from distant healing.

For thousands of years, mystics have claimed that we all exist in unison and are part of a single energy source within a unified and intelligent field. Due to this underlying field's energy, we can use distant healing to create positive experiences and alter the energies shaping our lives.

Since it is a practice not restricted by time and distance, distance healing can help the recipient to heal quickly, emotionally, mentally, and physically. This may sound far-fetched on paper, but remote healing can be used to heal a person from afar and without any physical connection. With this healing practice, you can change your life from a state of confusion, diseases, disharmony, struggle, pain, and conflict to a state of happiness, well-being, and good health.

Here are some of the benefits of Remote Energy Healing

- **You save time**

We're all busy. Time is a precious resource. It's non-renewable! Receiving remote sessions from home means you save on time (and effort) traveling to and from a physical location.

- **You can relax and allow your energy field to settle immediately afterward**

Rather than sitting in traffic or having to navigate transport to get home, you can immediately relax and allow the benefits of the session to integrate. You might feel like having a nap or going straight to bed, enjoying a bath or relaxing with a book that you feel inspired to read.

- **Your space gets the benefits of the energy too**

The space in which you had the session will have been filled with peaceful, harmonic energy.

- **More comfortable for you**

In the comfort of your own space, you are more relaxed. You have control over the environment (the temperature, whether you sit or lie down, and any ambient music without words that you may choose to play) and can create a pleasing, relaxing space in which to receive all the benefits of your session.

**I recommend that you pick a Solfeggio frequency from YouTube to play softly in the background.*

- **Option of a distance healer from anywhere in the world**

Healing can take place anytime, anywhere

- **An ideal alternative for people who cannot tolerate or are sensitive to being touched**

- **A viable solution for those without a mode of transportation or unable to drive**

- **Enjoy a strong element of privacy**